



Parent to Parent/Therapist
to Parent problem solvers

SPECIAL NEEDS HANDBOOK

Easy and quick to use practical reference guide for parents of children with special needs. An indispensable aid for therapists.

CALLING ALL PARENTS AND THERAPISTS



No need to reinvent the wheel when somebody has been there and done it already.



Tried and tested tips

Problem solving solutions for everyday life.

We need your problem solving tips to be included in a new publication. This isn't just an opportunity to really help others it might help you too. Free copy for every contributor of an original problem solver published.



**MAKE IT HAPPEN, BE PART OF SOMETHING
THAT IS REALLY GOING TO MAKE A DIFFERENCE**



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Here are some examples of tips we have already been given. Areas we need more tips include: walking, hairbrushing, feeding tubes, dressing and undressing, shoes, obsessions, reprimanding and rewarding. Can you think of any more ?

Tooth Brushing

- Use an electric toothbrush – the vibrations can be a sensory aid

Dressing

- Buy clothes one size too big with elastic waists, slip over tops (no buttons) and Velcro shoes
- Crawling – use goal keeper trouser which are already padded at the knees and hips

Play

- My son loved to play with hair. As an alternative I could give him a doll, but he is a boy – so I got him old curtain tassels which worked nicely

Birthday Parties

- Hire a hot tub

Sleep

- Play relaxation tapes – nature sounds

Your tips

Send them to us and tell your friends to send us theirs

Mail@specialneedshandbook.com
